



# 4-H YOUTH DEVELOPMENT

Pike County Extension Office | 148 Trivette Drive | Pikeville, KY 41501-1271 | 606-432-2534



## A note from your 4-H Agent:

4-H is America's largest youth development organization. We focus on seven core program areas. These areas include: Agriculture, STEM, Leadership, Expressive Arts, Family and Consumer Science, Natural Resources, and Health and Wellbeing. In Pike County, we aim to promote these program areas with a focus on classroom enrichment and opportunities beyond such as clubs and camp. Get involved in one of our clubs today!

Best,

Emily Chaney  
County Extension Agent  
for 4-H Youth Development  
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## IN THIS ISSUE

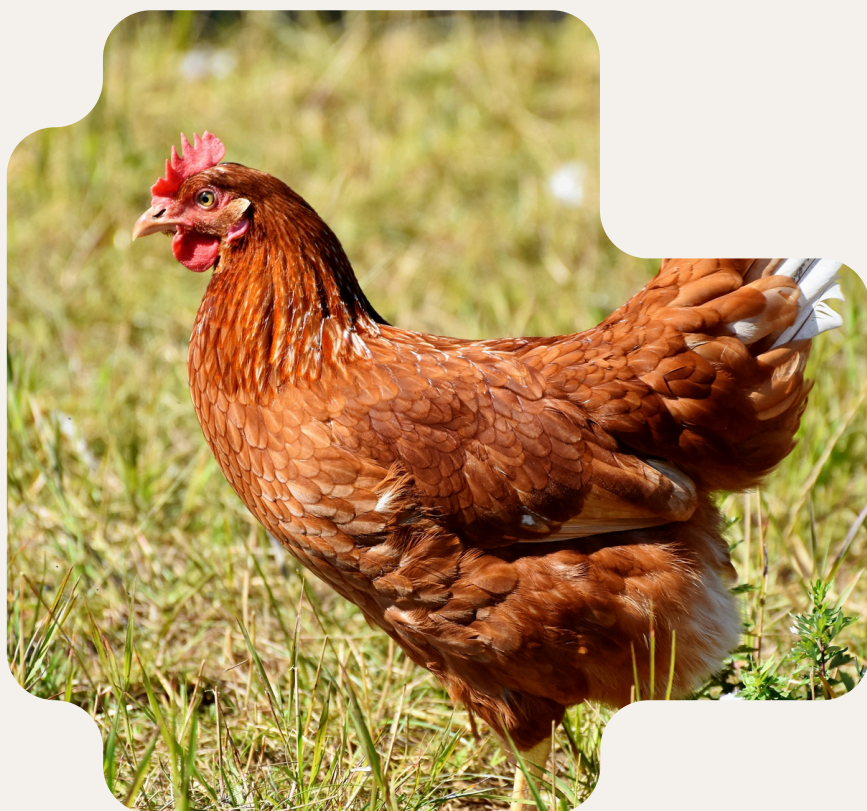
- Agent Note
- County & State Fairs
- Upcoming & current programs
- At-home activity
- Recipe





# 4-H Poultry Club

**Poultry Judging, Avian Bowl, Egg Chef Challenge, and more.**



## What is it?

Connect with other kids that are interested in poultry or chickens! Become part of our State Fair team and learn all about the Avian Bowl, Poultry Judging, and the Egg Chef Challenge. Teams will compete at the State Fair in Louisville and earn some serious bragging rights!

## Meeting Dates

- February 17th
- March 17th
- April 19th
- May 5th
- June 16th
- August Date-TBA- State Fair Prep

## More info

*All meetings will be held at the Pike County Extension Office at 5:30pm unless otherwise stated.*

*All participants must attend the majority of the meetings to be prepared to compete at the State Fair. Please plan on attending as many as possible.*

## Cooperative Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

## MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Disabilities  
accommodated  
with prior notification.





# CONGRATULATIONS

## 2025 Pike County 4-H Fair Winners

### Geology 1

- Zariah Griffith: Class 715,  
Blue Ribbon & Grand Champion

### Geology 2

- Noah Reynolds: Class 716,  
Blue Ribbon & Grand Champion

### Cooking

- Mallie Maynard: Snickerdoodle,  
Blue Ribbon & Grand Champion
- Jenna Chapman: Snickerdoodle,  
Blue Ribbon
- Isabella Salyers: Rolled Biscuits,  
Blue Ribbon & Grand Champion
- Coleton Ratliff: Coffee Cake,  
Blue Ribbon & Grand Champion
- Avery Lowe: Coffee Cake,  
Blue Ribbon

### Jewelry

- Ava Holt: Necklace,  
Blue Ribbon & Grand Champion

### Crochet

- Mylah McCoy: Wash Cloths,  
Blue Ribbon & Grand Champion
- Janice Bryant: Bowl Cozies,  
Blue Ribbon & Grand Champion

### Home Environment

- Linlee Pugh: Class 894,  
Blue Ribbon & Grand Champion

### \*Robotics

- Michael Sturgill: Ramp,  
Blue Ribbon
- Grace Fields: Paper Clip Car,  
Blue Ribbon
- Carson Cunningham: Marshmallow Catapult,  
Blue Ribbon & Grand Champion

### \*Dog

- Avery Sturgill: Shi Tzu,  
Blue Ribbon & Grand Champion

### Entomology

- Natalie Gunter: Class 687A,  
Blue Ribbon & Grand Champion

### Wood Working

- Javan Dotson: Jewelry Box,  
Blue Ribbon & Grand Champion
- Jake Mullins: Bench,  
Blue Ribbon & Grand Champion
- Ryder Miller: Bird House,  
Blue Ribbon
- Mallory Stump: Bee Hive,  
Blue Ribbon & Grand Champion
- Brayson Whitehead: Bird House,  
Blue Ribbon

*\*No category placement at State Fair.*



# CONGRATULATIONS

## 2025 Pike County 4-H Fair Winners

### Art

- Janice Bryant: Clay,  
Blue Ribbon & Grand Champion
- Caroline Warnock: Watercolor,  
Blue Ribbon & Grand Champion
- Caroline Warnock: Color Pencil,  
Blue Ribbon & Grand Champion
- Abby Durham: Acrylic Swing,  
Blue Ribbon & Grand Champion
- Abby Durham: Acrylic Painting,  
Blue Ribbon
- Abby Durham: Acrylic Painting,  
Blue Ribbon
- Abby Durham: Acrylic Painting,  
Blue Ribbon
- Abby Durham: Pencil Drawing,  
Blue Ribbon
- Mia Thacker: Pencil Drawing,  
Blue Ribbon & Grand Champion
- Bailey Sparks: Wood Stamp,  
Blue Ribbon & Grand Champion
- Lindsay Norman: Acrylic Painting,  
Blue Ribbon
- Lindsay Norman: Watercolor Painting,  
Blue Ribbon
- Lindsay Norman: Basket Making,  
Blue Ribbon & Grand Champion
- Catherine Slone: Circular Shape  
Blue Ribbon & Grand Champion
- Carter Ramey: Mixed Media,  
Blue Ribbon & Grand Champion

- Carter Ramey: Pencil & Marker  
Blue Ribbon
- Carrie Kerns: Pencil Drawing  
Blue Ribbon
- Kaden Burgess: Pencil Drawing  
Blue Ribbon
- Tucker Bentley: 764A,  
Blue Ribbon & Grand Champion

### Photography

- Lawson Jones: Class 765F,  
Blue Ribbon & Grand Champion
- Jaxon Gillian: Class 754A,  
Blue Ribbon & Grand Champion
- Jaxon Gillian: Class 765A,  
Blue Ribbon
- Micha Gilley: Class 766B,  
Blue Ribbon & Grand Champion
- Micha Gilley: Class 764D,  
Blue Ribbon & Grand Champion
- Lindsey Norman: Class 772,  
Blue Ribbon & Grand Champion
- Lindsey Norman: Class 764A,  
Blue Ribbon
- Lindsey Norman: Class 764E,  
Blue Ribbon
- Lindsey Norman: Class 764C,  
Blue Ribbon
- Lindsey Norman: Class 764E,  
Blue Ribbon
- Sierra Stanley: 765C,  
Blue Ribbon & Grand Champion

- Sierra Stanley: Class 764C,  
Blue Ribbon
- Sierra Stanley: Class 764E,  
Blue Ribbon
- Sierra Stanley: Class 765F,  
Blue Ribbon
- Sierra Stanley: Class 769A,  
Blue Ribbon
- Sierra Stanley: Class 769B,  
Blue Ribbon
- Emma Damron: Class 765A,  
Blue Ribbon & Grand Champion
- Emma Damron: Class 768C,  
Blue Ribbon & Grand Champion
- Emma Damron: Class 770C,  
Blue Ribbon & Grand Champion
- Emma Damron: Class 764B,  
Blue Ribbon
- Emma Damron: Class 767A,  
Blue Ribbon
- Emma Damron: Class 764E,  
Blue Ribbon
- Emily Stepp: Class 764E,  
Blue Ribbon & Grand Champion
- Emily Stepp: Class 764E,  
Blue Ribbon
- Emily Stepp: Class 774,  
Blue Ribbon
- Avery Sturgill: Class 767A,  
Blue Ribbon & Grand Champion





# **PIKE COUNTY 4-H AT THE**



**Kentucky**  
STATE FAIR

If you were a Grand Champion winner at the County Fair, be sure to bring your project back to participate in the Kentucky State Fair! Letters will be sent out to Grand Champions in late July with more details.



## 4-H Youth Development



## KY State Fair T-Shirt Contest

The Kentucky State Fair is excited to partners with Kentucky 4-H! We invite all 4-H Clubs to participate in a t-shirt contest. Below are the parameters:

- Each Club member can submit one t-shirt design
  - Club members should design the back of the shirt
  - The front of the shirt will have the KY State Fair Commemorative mark on the upper left side.
  - The design should be family-friendly in content.
- Shirts can be designed with drawings or digital programs
- Designs should incorporate the theme "All Things Kentucky, All in One Place!" as well as the State Fair and 4-H partnership.
- Each design with the most social media "likes" will win.



Designs must be submitted to your local 4-H Youth Development

***Agent by June, 30 2025.***

***The person with the winning design will be cordially invited to the Commodity Breakfast on the opening morning of the Kentucky State Fair, Thursday, August 14, 2025. The winning design will be printed for prominent members at the breakfast to wear. Transportation to the breakfast will be the responsibility of the club and 4-H members.***

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Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

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**Martin-Gatton**  
College of Agriculture,  
Food and Environment



# 4-H CAMP

**"CAMPLIFY YOUR SUMMER"**

Cooperative Extension Services operates four 4-H Camps in Kentucky, serving all 120 counties. Registration materials, fees, and application deadlines for each county are set by local Extension offices. Please call 606-432-2534 for more information.

**J.M. Feltner 4-H Camp:**  
**July 14th-18th**

- Meet New Friends
- Try New Activities
- Gain New Skills
- Learn About the Outdoors
- Swim Every Day
- Fun & Games
- Cabin Life
- Find Your "Spark" and
- Amplify Your Summer Break

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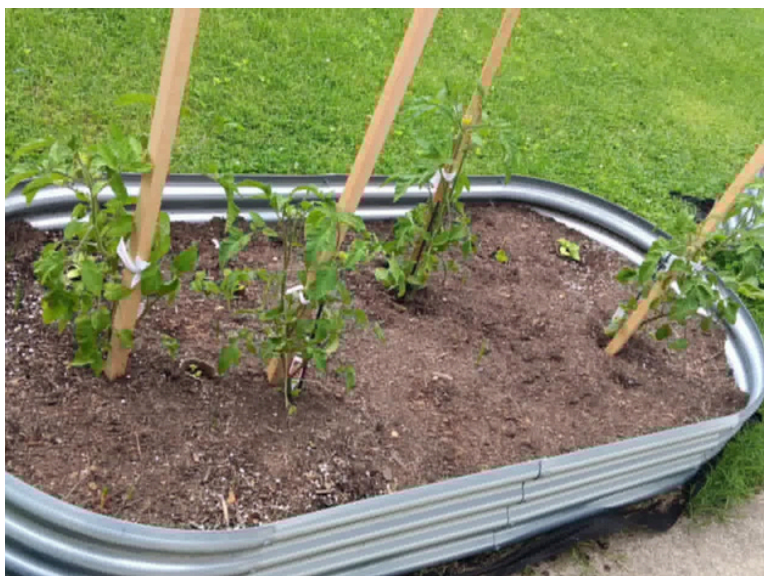




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4-H is committed to teaching hands-on lessons inside and *outside* the classroom. On the upcoming pages, you will find an activity that will foster your love for nature. Try it out at home and then show us how they turned out!



*4-H & ANR partner with Kimper Elementary to create a school garden.*







# Build Your Own Bird Feeder

Make a bird feeder out of recycled materials to foster both plants and wildlife.

## Overview

🎓 Grades 3-8

🕒 30 min

## Topics

Animal Science

STEM





## About the Activity

**Make a bird feeder out of recycled materials to foster both plants and wildlife.**

Wildlife and gardening go together like s'mores at a campfire. Without plants, wildlife would not exist, and without wildlife, plants would not exist. They work together and support the circle of life. Learn how you can support both by making a bird feeder using recyclable and compostable materials.

This activity is part of our CLOVER Garden Series.



## Materials

- ☐ Toilet paper roll or paper towel roll
- ☐ Bird seeds
- ☐ Plate
- ☐ Peanut butter or glue
- ☐ Yarn/string
- ☐ Butter
- ☐ knife



## Activity Steps

1

Set up your workstation with a plate and a butter knife.





Decomposers like earthworms and Roly-Poly bugs are so important for gardening because they decompose organic materials and break it down in the best soil you can get, usually called "Black Gold."

2

Pour the bird seeds on to the plate.

**DID YOU KNOW?**

Some examples of pollinators are bees, bats, butterflies, hummingbirds, and even lizards! They play an important role in gardening, because if a flower is not pollinated, plants cannot produce fruit or seeds.



3

Grab your toilet paper or paper towel roll and cover it with peanut butter using a butter knife. If you do not have peanut butter, glue will work too!

**DID YOU KNOW?**

Toilet paper and paper towel rolls are made of cardboard, which is totally compostable! In fact, cardboard is one of the decomposer's favorite snacks!



4

After your roll is covered in peanut butter or glue, completely cover it with the bird seeds so the seeds stick to the surface.

**DID YOU KNOW?**

**Plants provide shelter for wildlife; they can be a place to lay eggs, an important food source, and protection from other predators or severe weather.**



5

Put a piece of yarn or a string through the roll, and hang it somewhere near your garden, like from a tree branch!

**DID YOU KNOW?**

**Wildlife can spread plant seeds through their scat or poop. If you ever see a strange plant growing in a strange area, it probably got there from an animal's scat.**



6

Hang back, and watch the birds flock to your recycled bird feeder!

**DID YOU KNOW?**

If you ever see a pollinator like a bee or a butterfly in your garden, don't bother them, and don't be afraid! Their job is to gather food and to pollinate. They are not out there to hurt you!



# Test Your Knowledge

See how much you've learned about this theme

**Question 1**

Which is NOT a decomposer?

- a. Earthworm
- b. Snake
- c. Roly-Polys

**Question 3**

Which of the following is compostable?

- a. Plastic
- b. Rubber
- c. Cardboard

**Question 5**

What should you do if you see a pollinator in the garden?

- a. Disturb the pollinator
- b. Scream
- c. Leave it alone

**Question 2**

Which of the following is a pollinator?

- a. House cats
- b. Hummingbirds
- c. Hamsters

**Question 4**

Wildlife can spread plant seeds through scat or poop.

- a. Yes, definitely.
- b. No, it cannot.

Note: Answers can be found on the last page of the PDF





## Reflection Questions

Bonus questions to inspire wonder:

1. How do wildlife and plants benefit each other?
2. Can wildlife that could hurt plants? If so, how?
3. What would happen if no one pollinated plants? Think of everyday items that would be affected by it.



## Investigate and Explore



Take what you've learned to the next level to learn more and explore the possibilities. Our actions influence so much in our environment. It's up to us to help our plants and wildlife. Let's learn to appreciate nature! If you see a bee, let them work so that way we can continue to have food on our plate and clothes on our back. If you see trash heading for a water source, pick it up and keep plants and animals from getting hurt. Once your garden is up and growing, spend time looking at it to see all the different kinds of wildlife that interact with your garden!

**Test Your Knowledge answers**

1) b. Snake. 2) b. Hummingbirds. 3) c. Cardboard. 4) a. Yes, definitely.. 5) c. Leave it alone.

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**Brought to you by**

Brought to you by Prairie View A&M University; Cooperative Extension Program, Texas A&M AgriLife Extension Service, and USDA's National Institute of Food and Agriculture.

No endorsement by 4-H is implied or intended. 4-H is the youth development program for our nation's cooperative extension system. This work is supported by the USDA National Institute of Food and Agriculture, AFRI - Education and Workforce Development project 2021-67037-33376.9

# Mandarin Chicken Wrap

Servings: 1 Serving Size: 1 wrap



## Ingredients:

- 3 ounces canned or packaged chicken, drained
- 1 container (4 ounces) mandarin oranges or pineapples, drained
- 1 tablespoon peanuts
- 1/4 cup thinly sliced cabbage, spinach, or lettuce
- 1 tortilla

## Directions:

1. Add all ingredients to a bowl (except tortilla).
2. Stir gently to combine.
3. Spread mixture down the center of the tortilla.
4. Fold tortilla over the ingredients and enjoy!

Source: University of Kentucky Cooperative Extension Service: Nutrition Education Program:  
Backpack Recipes

Nutrition facts per serving: 300 calories; 9g total fat; 1.5g saturated fat; 0g trans fat; 45mg cholesterol; 430mg sodium; 38g total carbohydrate; 2g dietary fiber; 20g total sugars; 0g added sugars; 19g protein; 0% Daily Value of vitamin D; 2% Daily Value of calcium; 6% Daily Value of iron; 4% Daily Value of potassium.